

### RACE DETAILS:

- Adult mass start 20 km at 11:00 am and 10 km at 11:05 am. Jackrabbits mass start at 11:10. Maximum 301 Adults, 99 Jackrabbits.
- Finish will be on the lake.
- Race Course may be changed or Race cancelled due to weather or snow conditions at the discretion of the Race Jury.
- Four Classic Technique races will be run:
  - 10 km racers ski Lake and Fairview loops.
  - 20 km racers ski Lake, Telemark and Fairview loops.
  - Jackrabbits ski 2 km Lake loop.
  - Pre-Jackrabbits ski 1 km Lake loop.
- Racers not passing 11 km mid-point feeding station on the lake by 12:30 pm will be asked to withdraw from the 20 km race.

### REGISTRATION and CANCELLATION POLICY:

- Early Bird registration until Tuesday February 27th at [www.zone4.ca](http://www.zone4.ca).
- Registration on Race Day and Bib Pick-up from 9:00 - 10:15 am at Parking Lot.
- In the event of cancellation prior to race day, all pre-registrants will be advised by email where possible.
- In the event of cancellation, 75% of the race fee will be refunded within 30 days.

### SKIER ETIQUETTE:

- Skiers must agree to abide by all loppet rules and regulations.
- This is a CLASSIC TECHNIQUE race. Free Technique skiers will be disqualified.
- Sportsmanship is held in the highest regard for the Lake Louise Loppet.
- Competitors who exhibit unsporting conduct will be reviewed by the Race Jury and may be disqualified.
- Skiers who fail to give way to an overtaking competitor or who obstruct another competitor will be reviewed by the Race Jury and may be disqualified.
- ALL SKI TRAILS ARE OPEN TO THE PUBLIC WHILE THE RACE IS GOING ON. PLEASE BE COURTEOUS — WE ARE ALL SKIING FOR FUN!

### AWARDS:

- Gold, Silver or Bronze Loppet medals to first three finishers in each class.
- Participation Ribbons to all finishers at Finish Line.
- Valuable prize draws totalling over \$1000 for all finishers.

### REFRESHMENTS:

- Will be provided at mid-point feeding station for 20 km race and at Race Finish.

### AFTER RACE:

- Please return bib and ankle bracelet at Finish Line.
- Please check your time on Unofficial Results Board at the Finish Line and advise Chief of Results if there is an error.

### DID NOT FINISH:

- IF YOU WITHDRAW FROM THE RACE, PLEASE REPORT TO FINISH LINE SO THAT SKI PATROL DOES NOT GO LOOKING FOR YOU.

# JOIN US IN ALBERTA'S SNOW BELT

## 47th ANNUAL LAKE LOUISE LOPPET



SUNDAY MARCH 3, 2019

8:00 a.m. - 11:00 a.m. (Registration & Bib Pick-up)

LAKE LOUISE, ALBERTA

Mass start on the Lake at the Chateau.

Early Bird Registration before Tuesday February 26: [www.zone4.ca](http://www.zone4.ca)

Registration & Bib pick-up at Race 9:00 - 10:15 a.m.  
Entry Fee: Adults \$40 Early bird, \$55 on Race Day  
Boys and Girls in 10 km race \$25, \$30 on Race Day  
Boys and Girls in 1 & 2 km races \$7, \$10 on Race Day

*Challenge yourself in Western Canada's oldest  
mass participation fun race, est. 1973*

*Have Fun In A Traditional Loppet On Narrower More Intimate Ski Trails*

The Lake Louise Loppet is organized by the



with the assistance of Lake Louise, Yoho & Kootenay  
National Park and the Fairmont Chateau Lake Louise



## Challenge yourself in a traditional loppet.

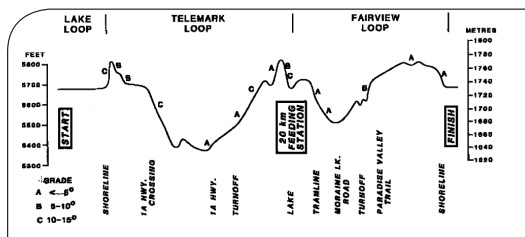
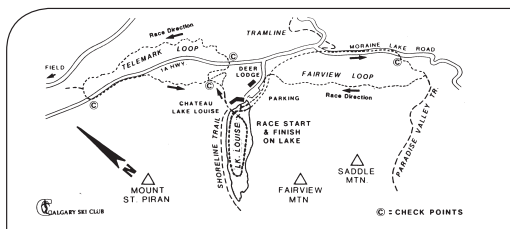
The Lake Louise Loppet starts and finishes on the lake in front of the Chateau. It is a very scenic course which varies between the flat surfaces of the lake and portions of two highways closed in winter and the narrower (3 - 4 metres) winding and undulating trails through the pine and spruce forests and open vistas.

It is a course which challenges the technical abilities of the serious racer and offers fun for the less serious with lots of twists and turns, long flat sections and hills, together with the variations between wide and narrow trails.

The 20 km loop includes a long technical descent and the corresponding steep climb.

This is a race where there is an advantage in knowing the course and snow conditions the day before the race. It is a race for the head, not the lungs.

***This will be a CLASSIC TECHNIQUE RACE  
due to narrower more intimate traditional National Park Trails.***



	10km	20km
Lake Elev. 1731 m		
Ht. Diff.	125m	167m
Max Climb	30m	40m
Total Climb	200m	450m

### FOR FURTHER INFORMATION, PLEASE CONTACT:

Alasdair Fergusson, Chief of Race, (403) 289-0386

Calgary Ski Club Office, (403) 282-4122

www.calgaryskiclub.org Email: loppet@calgaryskiclub.org

The Lake Louise Loppet  
is organized by the



The Lake Louise Loppet is a race in the Alberta Loppet Series sanctioned by Cross Country Alberta of the Canadian Ski Association.

The Lake Louise Loppet is held with the approval of Lake Louise, Yoho & Kootenay National Park and the assistance of the Fairmont Chateau Lake Louise.

## REMEMBER WE ARE IN A NATIONAL PARK

### Please help us to meet new National Park Special Event requirements

- Banff National Park has established a new Special Event Application and Approval process, including public meetings and extensive documentation.
- The Lake Louise Loppet is required to work towards Zero Waste by recycling or composting and minimizing plastic and other waste.
- There is limited parking at the lake near the race start.
- We are required to reduce parking congestion and to reserve space for the general public.
  - Please car-pool or van-pool if possible & park close together.
  - We are asking all clubs to use a charter bus or van for their club-members and families.
- You require a valid National Park Pass on your vehicle or risk receiving a ticket.
- We are also required to demonstrate and deliver specific heritage educational opportunities such as a history of XC skiing at Lake Louise.
- We have been asked to encourage the use of environmentally friendly ski waxes and waxing techniques.
- Banff National Park has requested that we incorporate the following message in all our publicity about the importance of the site of the Lake Louise Loppet as a protected area and part of a UNESCO World Heritage Site:

**Banff National Park is the heart of the Canadian Rocky Mountains World Heritage Site. A global treasure of natural beauty, wilderness and diversity of life. It is a place to experience the awe-inspiring forces that have shaped mountain landscapes and wildlife over unimaginable time.**

**It is a space to give thanks for nature's bounty of small wonders too.**

**It is also a base for personal exploration and discovery.**

**Enjoy. Connect. Respect.**

- We respect the character of the National Park by using traditional narrow XC ski trails that twist & turn and have varied hills.
- We will encourage the expansion of the wooden ski and historic costume event at the loppet at the request of the National Parks to celebrate the heritage of skiing at Lake Louise.